




**FEDERICO**  
BEAUTY INSTITUTE

1515 Sports Drive  
Sacramento, CA 95834  
(916) 418-7223  
[www.federico.edu](http://www.federico.edu)

Revised Date: October 13, 2016





*In 1946 licensed as Barbers, brothers Sam and James Federico opened a beauty school based on the belief that "a license doesn't earn a living, but an education does."*

*70 years later, Federico continues to go above and beyond the basics in order to deliver a relevant market driven education. Whether it is Cosmetology, Barbering or Esthetics, students receive an education that prepares them for this evolving industry. Federico partners with multiple professional product lines allowing our students to gather a broad base of knowledge to better equip them for their professional career. We believe through education, we can empower personal growth and a collective sense of community.*

*The Federico family's commitment to the beauty industry runs deep. Members of all three generations have held positions in regional or national industry organizations, and have helped create and guide policy for the benefit of students and professionals alike.*

*We appreciate you taking the time to come in and take a look around. We understand that this is a life changing decision, and we are here to help you along the way.*

*Sincerely,  
Jeremy, Adam and Joe Federico*







# fede**RIC**o

## **R**espect, **I**nspire, **C**reate

Federico was founded on the idea that a license alone does not earn a living, but an education does. We believe through education, we can empower personal growth and a collective sense of community. Our reputation is staked upon years of delivering on our promises and maintaining the highest of ethical standards while staying relevant and vital.

It is with this in mind that we believe in these guiding principles:

- Respect the Craft—devoting yourself to what you do, everyday
- Respect Others—Living in balance with the world
- Respect Yourself—Holding yourself accountable for your actions; Integrity
- Get Inspired—Find your passion
- Stay Inspired—Committing to a project and following it through to completion
- Inspire Others—Having the courage to make your passion contagious
- Create Beauty—It's what we do
- Create Your Future—We give you the tools, you just need to use them
- Create



# OUR CAMPUS



RECEPTION AREA



BEAUTY BOUTIQUE



FOYER



SALON FLOOR



ADVANCED TRAINING ROOM





BALLROOM



BARBERSHOP



ESTHETICS PRIVATE ROOM



PHOTO STUDIO



STUDIO68





# COSMETOLOGY:

cos·me·tol·o·gy

the art or practice of the beautification of the  
hair, skin, or nails.



Cosmetology professionals use creativity, personality and their own unique sense of style to connect with clients. Our curriculum goes beyond the foundations of haircutting, coloring and styling to include current techniques and trends. If you're a style-savvy, creative individual who likes working with people, you can be on your way to a successful career in just over a year.

## COSMETOLOGY CURRICULUM

### FULL TIME:

6 WEEKS	Haircutting 1 **
3 WEEKS	Student Salon Experience
6 WEEKS	Haircutting 2 **
3 WEEKS	Student Salon Experience
6 WEEKS	Color**
3 WEEKS	Student Salon Experience
3 WEEKS	Skin **
3 WEEKS	Nail's
3 WEEKS	Student Salon Experience
3 WEEKS	Texture 1 **
3 WEEKS	Texture 2/Student Salon Experience
1 WEEKS	Razor Cutting
2 WEEKS	State Board Boot Camp
8 WEEKS	Studio

### PART TIME:

10 WEEKS	Haircutting 1 **
5 WEEKS	Student Salon Experience
10 WEEKS	Haircutting 2 **
5 WEEKS	Student Salon Experience
10 WEEKS	Color**
5 WEEKS	Student Salon Experience
5 WEEKS	Skin **
5 WEEKS	Nail's
5 WEEKS	Student Salon Experience
5 WEEKS	Texture 1 **
5 WEEKS	Texture 2/Student Salon Experience
2 WEEKS	Razor Cutting
3 WEEKS	State Board Boot Camp
5 WEEKS	Studio

Students are required to provide their own models throughout the course.

Business (Nuts & Bolts) will be included in each phase.

\*\*Cosmetology students will be taught with barber students.

pivot point  
MEMBER SCHOOL



### CLOCK HOUR REQUIREMENTS: 1600\*

#### \*FULL TIME SCHEDULE:

30 hours a week for 53.5 weeks, 12.5 months minimum  
Tuesday – Friday: 9:30 AM - 5:30 PM

#### \*PART TIME SCHEDULE:

20 hours a week for 80 weeks, 18.5 months minimum  
Tuesday – Friday: 5:30 PM - 8:30 PM  
Saturday: 8:30 AM - 5:00 PM

### IMPORTANT INFORMATION

- Spend your school days in a real salon. The externship program\* allows students to earn hours in real salons. Students are able to experience multiple salons before graduating, better preparing them for their future careers.
- Earn your license exam shortly after graduating. The pre-application process allows students who are still in school to apply for their State Board exams. Students are generally able to test within two weeks of their expected graduation date. This process can reduce wait time for testing by as much as six months.

\*Does not apply to VA students.

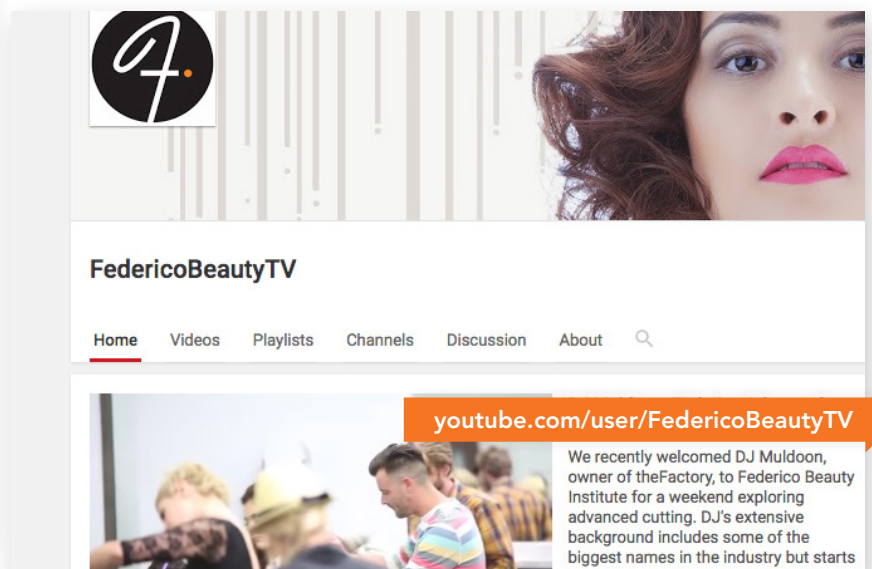
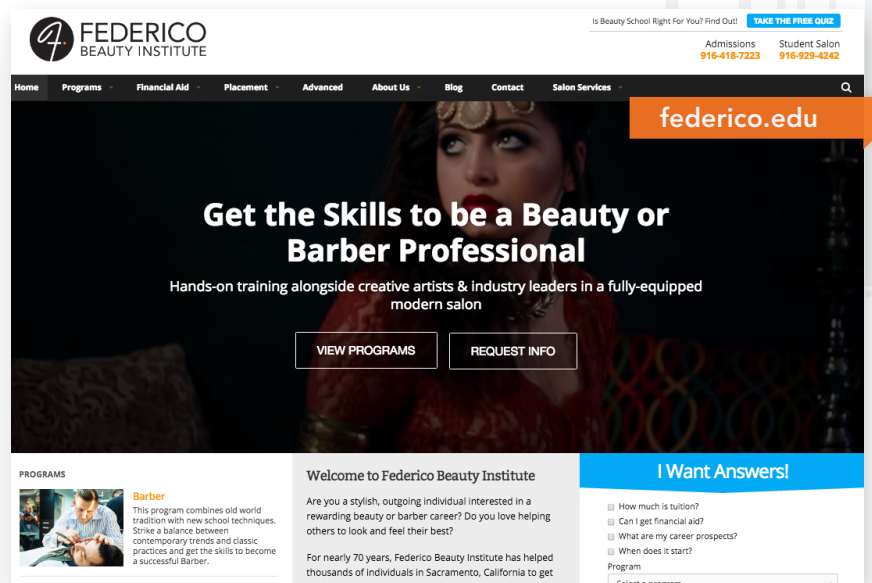
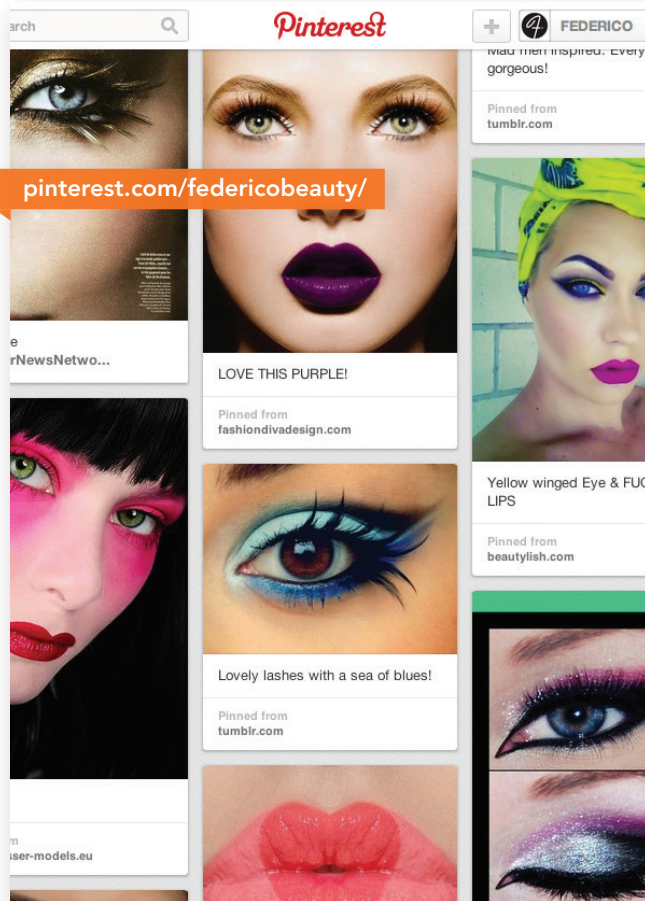
#### 2015 Results\*

- Graduation Rate: 72.36%
- Job Placement: 81.61%
- Licensing Rate: 97.70%

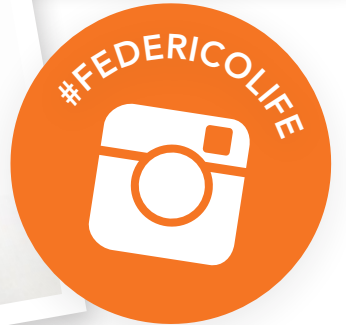
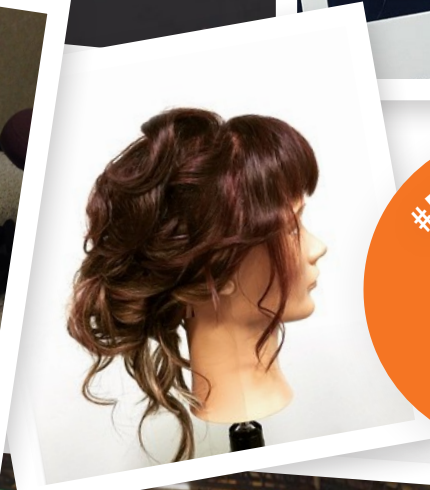
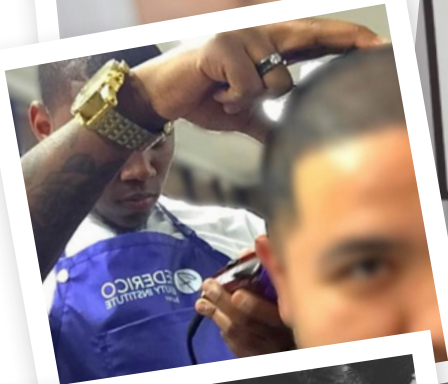
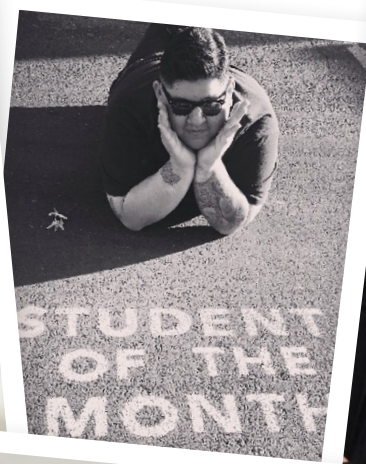
\*Rates as of October 13, 2016



# #FEDERICOLIFE









A close-up, side-profile photograph of a woman with dark hair and closed eyes, lying down. A hand is applying a thick, white, creamy facial mask to her face using a professional-grade brush. Another hand is gently holding her hair back. The background is a soft, textured beige wall. To the right, a brown towel and a wooden container with an orange lid are visible.

# ESTHETICS:

es·thet·ics

the beautification of skin.



Estheticians are skincare specialists, trained in the art of performing services that enhance, treat or beautify the skin. In as little as five months, you will learn the skills to become a skin care professional. Learn how to perform waxing, facials, microdermabrasion, body treatments, make-up, and chemical exfoliation treatments.

## ESTHETICS CURRICULUM

### PHASE 1: Introduction to Esthetics

150 hours (80% theory, 20% practical)

Esthetics Acts/Rules	Waxing/Tweezing
Sterilization/Disinfection	Makeup
Microbiology/Bacteriology	Physiology/Histology
Salon Success	Nutrition

### PHASE 3: Advanced Esthetics

150 hours (30% theory, 70% practical)

Electricity	Spa Jet & Hydro Bed
Chemical Peels	Solar Bronzing
Advanced Facials	Aromatherapy
Body Treatments	

### PHASE 2: Facial Techniques and Wellness

150 hours (30% theory, 70% practical)

Anatomy	Detoxification
Use of Facial Machines	Back Facials
Facials	Paraffin
Health and Safety	Micro-dermabrasion
Skin Analysis/Disorders	Product Analysis/Ingredients
Introduction to Chemical Facials	

### PHASE 4: State Board Prep & Employment

150 hours (20% theory, 80% practical)

Galvanic Treatment	Esthetics/Medical Field
High Frequency	Business Aspects
Suction, Atomizer	Externship Opportunities
State Board Prep Course	

*Students are required to provide their own models throughout the course.*

*Business (Nuts & Bolts) will be included in each phase.*



## CLOCK HOUR REQUIREMENTS: 600\*

### \*FULL TIME SCHEDULE:

30 hours a week for 20 weeks, 5 months minimum  
Tuesday – Friday 9:30 AM - 5:30 PM

### \*PART TIME SCHEDULE:

20 hours a week for 30 weeks, 7.5 months minimum  
Tuesday – Friday: 5:30 PM – 8:30 PM  
Saturday: 8:30 AM - 5:00 PM

## IMPORTANT INFORMATION

- Spend your school days in a real salon. The externship program\* allows students to earn hours in real salons. Students are able to experience multiple salons before graduating, better preparing them for their future careers.
- Pass your stateboard exam shortly after graduating. The pre-application process allows students who are still in school to apply for their State Board exams. Students are generally able to test within two weeks of their expected graduation date. This process can reduce wait time for testing by as much as six months.

\*Does not apply to VA students.

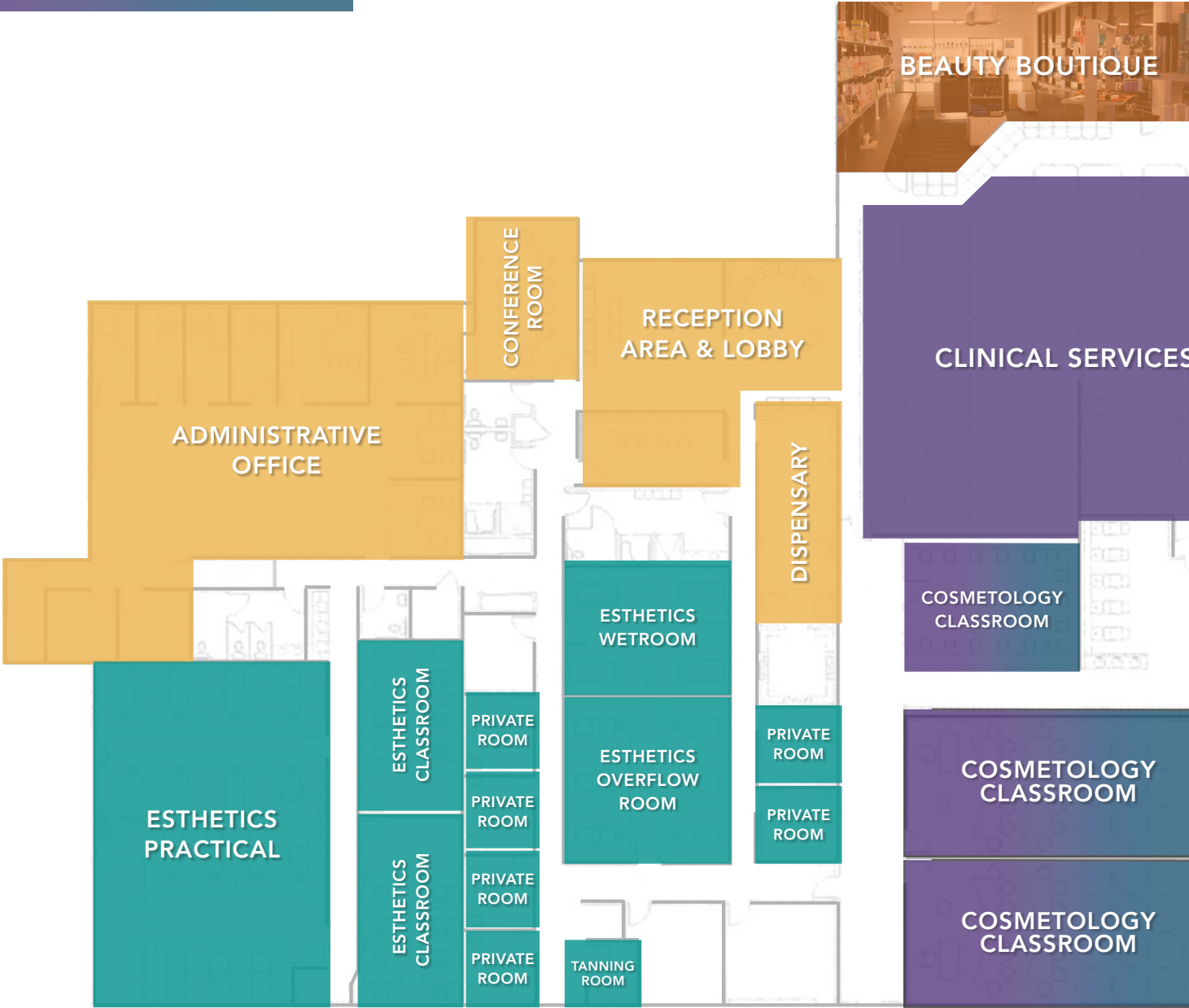
### 2015 Results\*

- Graduation Rate: 96.55%
- Job Placement: 83.33%
- Licensing Rate: 98.75%

\*Rates as of October 13, 2016



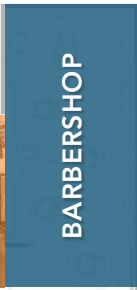
- General Area
- Cosmetology Area
- Esthetics Area
- Barber Area
- Facility Extras
- Cosmetology/Barber Area







STAR STUDIO



BARBERSHOP



STUDIO FLOOR



ADVANCED  
TRAINING ROOM



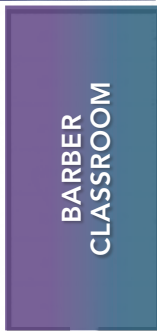
CAFE FED



EDUCATOR  
OFFICE



FACULTY  
LOUNGE



BARBER  
CLASSROOM



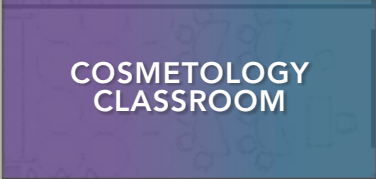
FOYER



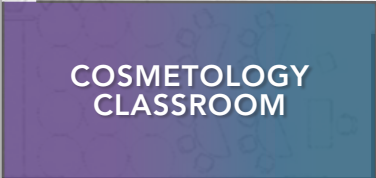
PHOTO  
STUDIO



COSMETOLOGY  
CLASSROOM



COSMETOLOGY  
CLASSROOM



COSMETOLOGY  
CLASSROOM



SUPPLY SHOP



BARBER  
CLASSROOM



BARBER  
CLASSROOM



THEATER





# BARBER:

bar·ber

to cut and dress the hair typically of men,  
and to shave or trim the beard.



Federico’s Barbering program draws upon our 70+ years in the beauty industry to go beyond clipper cuts and shaves. Barbers will be taught by both barber and cosmetology educators, leveraging their skills to provide the best of both worlds. This approach prepares our students to work in corner barbershops, high-end men’s grooming centers, and any shop in between.

## BARBER CURRICULUM

### FULL TIME:

6 WEEKS	Haircutting 1 **
3 WEEKS	Student Salon Experience
6 WEEKS	Haircutting 2 **
3 WEEKS	Student Salon Experience
6 WEEKS	Color**
3 WEEKS	Student Salon Experience
3 WEEKS	Skin **
3 WEEKS	Facial/Shaving
3 WEEKS	Student Salon Experience
3 WEEKS	Texture 1 **
3 WEEKS	Student Salon Experience
1 WEEKS	Razor Cutting **
2 WEEKS	State Board Boot Camp
8 WEEKS	Studio

### PART TIME:

10 WEEKS	Haircutting 1 **
5 WEEKS	Student Salon Experience
10 WEEKS	Haircutting 2 **
5 WEEKS	Student Salon Experience
10 WEEKS	Color**
5 WEEKS	Student Salon Experience
5 WEEKS	Skin **
5 WEEKS	Facial/Shaving
5 WEEKS	Student Salon Experience
5 WEEKS	Texture 1 **
5 WEEKS	Student Salon Experience
2 WEEKS	Razor Cutting **
3 WEEKS	State Board Boot Camp

*Students are required to provide their own models throughout the course.*

*Business (Nuts & Bolts) will be included in each phase.*

*\*\*Barber students will be taught with cosmetology students.*



### CLOCK HOUR REQUIREMENTS: 1500\* -----

#### \*FULL TIME SCHEDULE:

30 hours a week for 50 weeks, 12 months minimum  
Tuesday – Friday: 9:30 AM - 5:30 PM

#### \*PART TIME SCHEDULE:

20 hours a week for 75 weeks, 18.5 months minimum  
Tuesday – Friday: 5:30 PM - 8:30 PM  
Saturday: 8:30 AM - 5:00 PM

### IMPORTANT INFORMATION

- Pass your stateboard exam shortly after graduating. The pre-application process allows students who are still in school to apply for their State Board exams. Students are generally able to test within two weeks of their expected graduation date. This process can reduce wait time for testing by as much as six months.

\*Does not apply to VA students.

#### 2015 Results\*

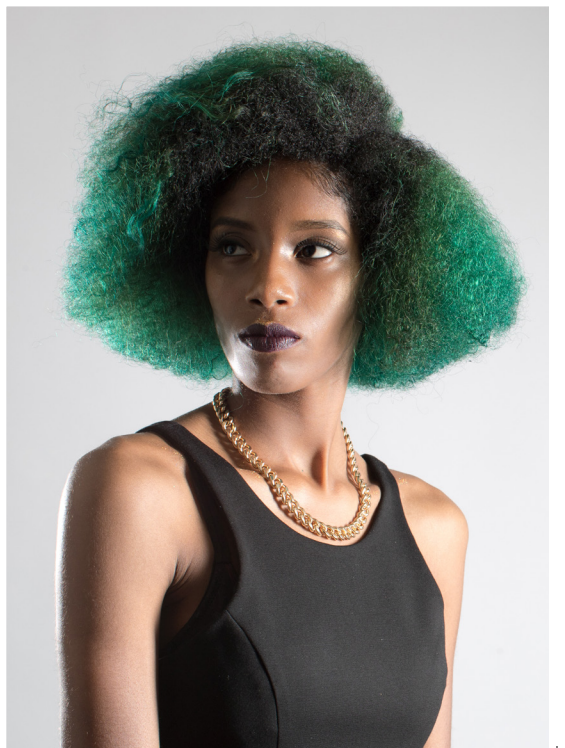
- Graduation Rate: 77.50%
- Job Placement: 93.55%
- Licensing Rate: 96.67%

\*Rates as of October 13, 2016













# BARBER TRANSFER:

bar·ber

to cut and dress the hair typically of men,  
and to shave or trim the beard.



Get a barber license and expand your service offerings. Designed for the working cosmetologist, our barber transfer program prepares you for licensure in as little as fifteen weeks. The program was created to fit around your busy salon schedule.

## BARBER TRANSFER CURRICULUM

### PART TIME:

1 WEEK	Microbiology, Disinfection & Sanitation, Anatomy & Physiology
4 WEEKS	Facials & Shaving
4 WEEKS	Haircutting
4 WEEKS	Clinical Practice (Student Shop Experience)
2 WEEKS	State Board Boot Camp

**QUALIFICATIONS:** Must have a valid cosmetology license or a completed proof of training. Apprenticeship Program does not qualify.

**CURRICULUM INCLUDES:** Straight Razor Shaving, Classic to Contemporary Barbering Techniques, and state board bootcamp where you will be well prepared for your state board exam.

*Students are required to provide their own models throughout the course.*

Supply cost is based on individual needs.  
MINIMUM: \$800.00

CLOCK HOUR REQUIREMENTS: 240\* -----

### \*PART TIME SCHEDULE:

12/20 hours a week for 15 weeks  
Tuesday – Friday: 5:30 PM - 8:30 PM  
Every other Saturday: 8:30 AM - 5:00 PM

### IMPORTANT INFORMATION

**ABSENCES:** Student may miss up to 24 hours, but must maintain an 85% in attendance at all times After exceeding the 24 hour limit, they are charged an hourly rate of \$9.25 for every hour missed.

**LICENSE INFORMATION:** In order to obtain a barber license you must pass the CA State Board Barbering Exam.

#### 2015 Results\*

- Graduation Rate: 77.50%
- Job Placement: 93.55%
- Licensing Rate: 96.67%

\*Rates as of October 13, 2016



## FINANCIAL AID

Education today—and especially good education—can be more expensive than many people can afford without assistance. Federico does not want the cost of tuition to interfere with you receiving the highest possible quality training. Therefore, we provide a variety of tuition payment options, including federal student aid resources such as PELL Grants, SEOG Grants, and student/parent loans.

Title IV Funding (Federal Pell Grants, Federal SEOG Grants, Federal Direct Stafford Student Loans and PLUS Loans) are considered the primary source of Financial Aid at Federico.

**Federal Grants** are funds that are issued to eligible students based on financial need, income and the number of members in a family and do not require repayment.

**Direct Subsidized Loans and Direct Unsubsidized Loans** are available to students attending Federico. The lender of both loans is the U.S. Department of Education.

**Subsidized loans** do not accumulate interest while you are attending school. (150% Rule, Students potentially could have interest. Eligibility is based on financial need as determined under federal regulations.

Unsubsidized loans accrue interest beginning on the day the loan is credited to your account. You may begin to pay the interest while you are in school, during the grace period or during deferment. You also have the option of capitalizing the interest. Eligibility is not based on family income.

For qualifying Federico students, we are also approved by the following agencies:

SETA and WIA Funding  
VA Approved Benefits  
Vocational Rehabilitation

## SCHOLARSHIPS & GRANTS

The following list of websites has been compiled to aid students in accessing external scholarships and grant information. These websites are not related to Federico in any way.

[www.fastweb.com](http://www.fastweb.com)  
[www.finaid.org](http://www.finaid.org)  
[www.students.gov](http://www.students.gov)

## FINANCIAL AID PROCESS

Within 24-hours of your Financial Aid appointment, you will be notified of your acceptance status. If you have been accepted, we will then process your check or credit card deposit. If you are required to attend a one-on-one interview, your deposit will be held until an outcome is determined. If it is determined Federico is not the best fit, your deposit will be refunded in full.

Once you have been accepted for enrollment, you will be scheduled an appointment to finalize your financial aid and sign your enrollment agreement. You will receive a student handbook and given information regarding first day orientation.

## ABOUT THE CREDIT CHECK & COSIGNER

On your first day of school, you will charge the amount of your kit on an account. Grants and/or loans will not be available on your first day of school. As your financial aid becomes available, we will use it to pay the balance due for charged supplies. If you withdraw from school at any time, you may owe the school money because your supply balance could exceed the amount of aid received. For this reason, Federico Beauty Institute requires either a credit check or a cosigner for each student.

- You must have a credit score of 620 or higher.
- If you do not have that credit score, you may wish to have a cosigner. Your cosigner must have a credit score of 620 or higher.
- If you do not have a credit score of 620 or higher, and/or cannot get a cosigner with a credit score of 620 or higher, you must pay an additional deposit for your supplies. Cosmetology/Barber = \$2,000.00, Esthetics = \$1,000.00, Barber Part Time = \$2,500.00. This amount will be applied to your account and reduce your loans or cash payments.
- If you do not have a credit score of 620 or higher, and/or cannot get a cosigner with a credit score of 620 or higher, and you cannot pay an additional deposit for your first kit out of pocket by the first day of school, you will not be allowed to enroll at Federico.



## ENROLLMENT FAQs

**Q When may I pay my enrollment deposit?**

**A** You may pay your deposit only after you have met with the financial aid advisor

**Q What paperwork do I need to complete to enroll?**

**A** All the forms and information are on the required documents sheet

**Q Do I need to have a high school diploma or G.E.D.?**

**A** Yes, you will need a high school diploma, G.E.D, or official transcripts- showing proof of High School completion

**Q I do not live with my parents, am I still a dependant?**

**A** If you are under the age of 24, not married, have no children of your own, are not in the armed forces, and are not an orphan, you are considered a dependant regardless of whether or not your parents claim you on their taxes. If you are not sure of your dependency status fill out Step 3 in the FAFSA form. If you answer NO to the questions in that section and it tells you to go to Step 4 you are a dependant. We will then need your parent's tax information to complete the financial aid process.

**Q What if I do not have a copy of my social security card or diploma?**

**A** You will need to apply for a new social security card at the social security administrative office. You may bring a copy of the receipt from the social security office until you bring your social security card. If you have lost your high school diploma you will need to bring in an official high school transcript in the original sealed envelope. Faxed or open transcripts will not be accepted.

**Q How many students are enrolled in each class?**

**A** There are sixteen students in the Esthetics full-time, Esthetics part-time, Cosmetology full-time, Barber full-time and eight in the Cosmetology part-time and Babrer part-time class.

**Q How do I know what classes are available?**

**A** A Federico representative can provide you with a list of the available classes during your admissions appointment. We do not call to inform anyone when a class fills; you must contact the admissions office directly to inquire about availability



**FEDERICO**  
BEAUTY INSTITUTE

Call (916) 929-4242  
to schedule your  
appointment today.

We appreciate your interest in our premier educational facility and invite you to enjoy a service on us!

Present this coupon for a: **COMPLIMENTARY, NON-CHEMICAL BEAUTY SERVICE FOR YOU AND A FRIEND.\***

After your service we invite you to come by our admissions office to learn more about the many benefits we offer our students and our philosophy: *"A license doesn't earn a living, but an education does."*

\*Present this coupon at time of service, maximum \$20 per person. CPN007C



# WHAT DO I NEED TO ENROLL?

## ENROLLMENT DOCUMENTS

All documents must be turned into the enrollment coordinator before you will be given an appointment with the financial aid advisor.

- ☐ Enrollment Application
- ☐ Picture ID with first and last name matching SSC (drivers license, passport, military id)
- ☐ Social Security Card with first and last name matching ID (must be signed)
- ☐ High School Diploma/GED/Official High School Transcript (must be in a sealed envelope)
- ☐ Alien Documentation if required (Green Card, Permanent Resident Card)

### Students with Prior Hours:

- ☐ Official Documents providing proof of training and/or completion amounts for operations and theoretical hours

## FINANCIAL AID DOCUMENTS

You will need to fill out your FAFSA online at [www.fafsa.ed.gov](http://www.fafsa.ed.gov) and use the IRS Data Retrieval tool for your 1040 tax form and W2 for the required year. If you are not able to do so online, you will need to request a paper copy of the FAFSA from your Admissions Advisor. You will need to bring in the following forms prior to being given an appointment with the financial aid advisor:

- ☐ FAFSA (Free Application for Federal Student Aid) Use your income/taxes to complete. If applicable, complete parent information and have parent sign.
- ☐ W2 forms or Schedule C Form for you your spouse, and parents (whatever is applicable)
- ☐ Documentation of any untaxed income you may have received such as AFDC, welfare, disability, child support, unemployment, SNAP

You may bring your registration deposit of \$150.00 to your financial aid appointment.

## SCHOOL CODE: 007253

\*Additional disclosure found at [federico.edu/disclosures](http://federico.edu/disclosures)

Senate Bill 1349, Chapter 619, Statutes of 2012, prohibits public and private postsecondary educational institutions, and their employees and representatives, from requesting a student, prospective student, or student group to: (1) disclose a user name or password for accessing social media; (2) access personal social media in the presence of the institution's employees or representatives; and (3) divulge any personal social media information.

Institutions are prohibited from suspending, expelling, disciplining, or threatening to take any of those actions, or otherwise penalizing a student, prospective student, or student group in any way for refusing to comply with a request or demand that violates the aforementioned prohibitions. Institutions are not prohibited from: (1) exercising rights and obligations to protect against and investigate alleged student misconduct or violations of applicable laws and regulations; or (2) taking any adverse action against a student, prospective student, or student group for any lawful reason.

Senate Bill 1539, Chapter 151, Statutes of 2012, requires textbook publishers and their agents or employees to provide a faculty member of a public or private postsecondary educational institution who selects the student textbooks, with specified information regarding products offered, wholesale and retail pricing, and differences and changes in new editions of textbooks.

Senate Bill 1289, Chapter 623, Statutes of 2012, requires public, private and independent educational institutions to state in all printed and online financial aid materials and private loan applications distributed or made available by the institution: (1) federal student loans are required by law to provide a range of flexible repayment options, including, but not limited to, income-based repayment and income-contingent repayment plans, and loan forgiveness benefits, which other student loans are not required to provide; and (2) federal direct loans are available to students regardless of income.

Institutions are also required to clearly distinguish private loans from federal loans in individual financial aid awards by stating, for any private loans included by the institution as part of the institution's award package: (1) whether the rate is fixed or variable; (2) an explanation that private student loans can offer variable interest rates that can increase or decrease over time, depending on market conditions; (3) an explanation that private student loans have a range of interest rates and fees and students should determine the interest rate of, and any fees associated with, the private student loan included in their financial aid award package before accepting the loan; (4) an explanation that students should contact the lender of the private student loan or their postsecondary educational institution's financial aid office if they have any questions about a private student loan; and (5) an explanation that the interest rate on a private loan may depend on the borrower's credit rating.

Institutions that provide a private loan lender list must also provide general information about the loans available through the lender and disclose the basis for each lender's inclusion on the list. The institution must also disclose that the student has the ability to choose any lender.



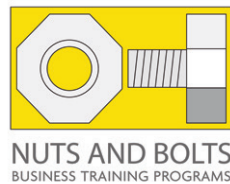
# MEET OUR AFFILIATES

pivot point.  
MEMBER SCHOOL

pba professional  
**beauty**  
association

**FAFSA**  
U.S. DEPARTMENT OF EDUCATION  
FEDERAL STUDENT AID

**ACS**  
American Association of Cosmetology Schools



**MODERN SALON**  
*excellence in education*

## • EXCELLENCE IN EDUCATION •

Modern Salon Media is there, helping professionals choose the right products, services and education, from a future professional entering cosmetology school to a new hair stylist earning her first chair to the owner/manager of the most successful salons and spas.



2015 • HONOREE  
FACILITIES



2014 • HONOREE  
FACILITIES



2013 • HONOREE  
CULTURE & FACILITIES



2012 • TOP HONORS  
FACILITIES



2011 • HONOREE  
THE NEXT LEVEL



2010 • HONOREE  
THE NEXT LEVEL



